

**YWCA OF THE GREATER TRIANGLE, INC.**

Job Announcement

Posted Date: March 8, 2010

Job Title: Substitute Fitness Instructor

Hours Per Week: Part-time

Date Available: March 8, 2010 Closing Date: Continuous

Supervising  
Position: Wellness Program Specialist Dept/Program: Wellness Department

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**RESPONSIBILITIES:**

Plan and safely conduct classes following standard accepted fitness guidelines and using teaching standards appropriate to the philosophy and standard of the Wellness Department and the YWCA. Keep accurate class attendance. Attend fitness staff meetings and training sessions. Provide members information about fitness and YWCA programs as appropriate. Communicate any problems, comments or suggestions concerning fitness classes to supervisor. Other duties as assigned.

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**MINIMUM QUALIFICATIONS:**

Current CPR certification. Non-national certification. Prior experience teaching fitness classes. Thorough knowledge of exercise science as it applies to fitness. Ability to work independently. Sensitive to the needs of diverse populations.

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**PREFERRED QUALIFICATIONS:**

Skilled and knowledgeable in teaching two or more club class formats (e.g. low impact and step) and/or specialty aerobic class formats (e.g. Zumba®, African Dance, Belly Dancing, etc.).

**PLEASE VISIT OUR WEBSITE AS APPLICATIONS CAN BE OBTAINED FROM THE WEBSITE. [www.ywcatriangle.org](http://www.ywcatriangle.org)**

**MAIL APPLICATION TO: OR BRING APPLICATION TO:**

YWCA of the Greater Triangle  
Wellness Department  
554 East Hargett Street  
Raleigh, North Carolina 27601

**WE ARE AN EQUAL OPPORTUNITY EMPLOYER**